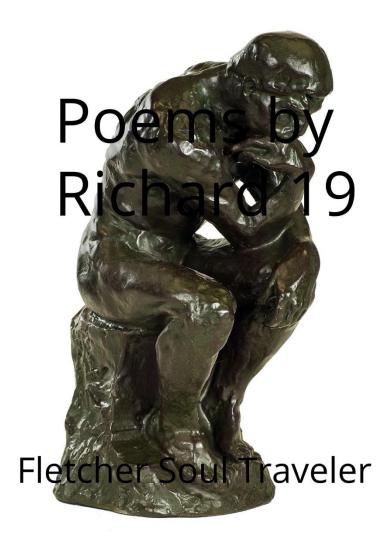
2018

These poems are meant to be pondered over. There is a message contained in each one. There is a riddle to be solved. I hope they may contain meanings for your life.



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#### God Is Hidden

God is hidden. God hides inside of your newborn baby. Every step you take God is walking beside you. You are never alone. God dances in the stars at night. God is beaming warmth from the sun. The birds are soaring above. Fishes are in the sea. The universe is alive. Do you want to partake in this magic? God is hidden because your door is closed. Open up your door within. You will see that God has always been there. He was waiting for you all the time.

## God Is Not Fanatical

Did you know that God is not fanatical? God is practical. Where did we get it in our minds that we need to be fanatical to find God? Unfortunately, we were taught this. Once upon a time, I was a fanatic. I couldn't see the forest for the trees. Over time I learned to be practical and balanced in all ways. Chop Wood Carry Water is the way to discover your true essence. You must live in this world. Do your duties. In the midst of all discover your true nature. Being fanatical about anything means you are out of balance. Even being fanatical about God. Look at the world today so many people are murdered because of people who are fanatics. God wants us to discover our true nature. Only by being balance may you solve this riddle.

### God Released You

When you were born God released you from heaven into this world. When you die God releases you from this world into his arms. It doesn't matter if you are a saint or sinner God accepts you the same. You have free choice. God will always love you. When I was young at times I couldn't stand to hear about God. I would get a cringe inside. They wanted me to feel guilty about putting Christ on a cross. I did not put him on a cross. That was two thousand years ago. You are born a sinner. How can you be born a sinner when we came from God? Is God a sinner? Through time by meditating and praying I learned truly to love God. I ate the apple of life and no serpent engulf me. Peace exists inside. I found God in my heart. The universe is alive.

### Good Deeds

Last night I watched the evening news on Christmas day. The news for the day was man doing good deeds for one another. No shooting or murder was shown. Just simple acts of kindness. Just one human being helping out another. We need to see this more on TV. I know violence sells. Yet this goes beyond the money. Let's create hope in the news. Let's change the channel of violence to a channel of good deeds. Imagine if every night we would watch good news. How much would our attitude of the world change? Random acts of kindness to our fellow man. A simple smile to someone who is sad. Helping an elderly person crossing the street. If we all performed good deeds with one another this world would change. There would be peace on earth.

## Goodness In All

There is goodness in all. The sun is always shining. Clouds may be in the sky covering the sun yet the sun is always shining. Our true nature is magnificent. Our true nature is kind. Unfortunately, the sun exists within but clouds of darkness cover our inner sky. We are lost and yet we think we are found. You and I are one yet in our mind's eye we are divided. You are the universe. I am the universe. What happened? How did the world get in such a mess when we all came from the same place?

#### Gossip

We love to hear gossip. We are addictive to it. We watch is daily on our TV. The public loves to hear about scandals. Wow, did you hear about that? What is it in our being that we love to hear negatively about a person's life? Why do we like tearing someone apart? God does not gossip or judge us. God doesn't not say hey Richard you blew it and then tell the universe. Gossip is another form of the dark side energy. We need to let it go. It does not serve us. It may entertain us but it reinforces the darkness inside of us. You must be tolerant of our fellow man. We must have compassion. If someone falls down in life we should pick them up. We should support them. The world would be in a better place.

# Greed

Why is man greedy? Would you be truly happy if the entire world was given to you on a plate? I can guarantee you would not be happy. You could be the ruler of all the worlds. You could conquer all the land. You could buy the moon. Yet you will never be happy. Happiness is a state of mind. Happiness is a direct experience that lies within. Everything outside will come and go, yet the experience within will last forever. Beyond time and space. It's a lucky man who discovers this truth. His life will be changed forever.

#### Guides

When I was young my Grandmother used to say the following. You have guides that help you in your life. I liked that. I imagined they were indivisible yet present in my life. Do you know it is true? We are not alone. We have had guides which I call family our entire life. We feel alone but they are there. How would you like to know them? There are always there. They are part of you. You have free choice. Do you want to know them? The choice is up to you. They will never go away. It's up to you to open the door. You know where the door is. Ponder over these words.

### Happy New Year

Happy New Year. It's 2017. Add the number up and we get a 10 which equals a 1. A 1 is a brand new beginning. Last year was a year of completion. Your journey of life gives you the opportunity to renew yourself. If you fell down in life you can pick yourself up, dust off yourself and carry on. This year is a brand new year for you. You have the opportunity to embrace the new energies of God. Kindness, compassion, tolerance and love. Drop the old. We don't need anger, frustration, jealousy and greed. It's time you get off the fence. This is a new beginning for you. You choose want you want. The old or the new. Ponder this over. You must make a decision.

#### Hate

A friend of mine calls herself spiritual. Yet the words coming from her Facebook post don't reflect that. She has had a picture of our president dressed like Hitler. She has called the first lady a bitch. She has criticized their children. Indecency leave the children out of the picture. A person who constantly hates the other side is not spiritual. You may not see eye to eye. You may not agree on the policies they have. But you have no right to spew hate and thinks it's funny. The more you hate the more you become. Whatever you focus on you become. Drop these old energies. They have not helped the world in any way. Learn to be tolerant of others. Your way is not the only way.

## Hawaii

I spent six glorious years in the land of Aloha. Aloha means to God. The experience is very much alive. Imagine our government sailing our navy ships on one sad day. The cannons were focused on the Queens palace, We told her that either she surrendered or we will blast the palace to smithereens. At that time American church ministers were in charge. They wanted to take the land from the people and grow sugar and pineapples. The era of huge plantations began. The Hawaiians were stripped of their culture and forced off their lands. It took over a hundred years for our country to apologize. But the aloha spirit lives on. I heard stories on the mainland that Hawaiians weren't very friendly. Yet I encountered the friendliest, know to man. They did not have much by the means of money, but their heart was of gold. They loved the ocean, waves, and nature. Their garages were converted to outside meeting places. They loved to talk a great story. I'll never forget the Hawaiian people. Their spirit lives inside of me. Their music was divine. Never before have had I heard such sweet music. The hula has been a ritual of time. Their culture touched the deep part of my soul. Aloha Hawaii I will love you forever.

#### Heaven Moves With Me

When I was young my happiness was defined where I was. I was always happy around the ocean. At times our family would take a vacation to the mountains. I was unhappy. I wanted to be in the ocean. I couldn't be happy in nature. When I learned how to meditate many moons ago I learned the following. Heaven moves with me. It doesn't matter where you are. You can be in New York City. You can be in India. You can be at work. You can be paying your bills. Heaven moves with me. I always thought who would ever want to live in Kansas? Well, I live there now. Heaven moves with me. Ponder this over. As Christ said the kingdom of heaven lies within.

### Heaven Or Hell

Do you know we create heaven or hell? Heaven or hell is a state of mind. We listen to our mind and get tormented by it. We don't realize our mind is our friend. We should control our mind not the other way around. To conquer the mind is the hardest thing to do and the easiest thing to do. You decide. The choice is yours. You can all be like the great masters. They walked in the same shoes as you do. They took step by step and never lost their way. Oh they fell down and made mistakes. They learned from them. Some of them probably had a lot of bad vices. But when you go inside and experience the source of life they eventually go away. This is not an easy path. But just being on this planet is challenging. The more you take individuals steps the path becomes easier. I remember in the beginning it took hours to calm down the mind. Now I close my eyes and my mind is calm. Yet this is still the beginning of my journey. This journey will go on forever.

## Help

Help is always there. Your guides are there waiting to help you out. The Angles are there waiting to help you out. You are never alone. Except we feel alone in this life. We ask for help but it doesn't seem to come our way. The masters have said you have free choice. If you don't go within the help is there but you can't see it. You are family to the universe. A wise man once said the kingdom of heaven lies within. Dive into your heart and you will see you are never alone.

## Help Is There

Did you know that help is all around? You have been hardwired to know God. 97% of your DNA comes from God. The entire universe is rooting you on. The planet earth knows who you are. You have a lot of knowledge to learn from GAIA. You have the guides within. You have a part of you that is one with God and the universe. There is so much internal and external help. You are never alone. God is your coach. What better coach is there? Help is all around you. Open up your heart. Help is there. You can solve this puzzle.

### Hey Don't Pull The World Down?

For all the terrorist out there. Don't pull the world down? Your ways are senseless. Violence is not the answer. God does not believe in any wars. We create them. If you truly want to help the world start a revolution within your heart. Be kind. Spend your money to feed the hungry. Educate your young. Help your fellow man. Turn the other cheek. Learn to be tolerant. God does not have a true religion. All paths lead to the same house. There are many rooms in my mansion. We are recommending you to look within. With your passion, you can change the world. Not through violence. But through your love of mankind.

### Hey You

Hey, you walking down the street! Do you know that you are special? Hey, you walking down the street! Do you know the secret of life? Hey, you walking down the street! There's a diamond inside of you. Hey, you walking down the street! What a miracle you are alive? Hey, you walking down the street! Money won't buy you happiness. Hey, you walking down the street! Love your fellow man. Hey, you walking down the street! Respect your fellow man. Hey, you walking down the street! Welcome to the journey.

#### Hey You Are A Radical

Is it radical to say that God wants to be your equal partner? We were never taught that. In Sunday school we were taught you were born a sinner. Only Christ can save you. Well, imagine every one of us came from God. We are born. How can we be sinners when we just came from God? Also, does God wants us to be sheep? Are we the crown of creation? Why are we designed to find God? We are hardwired for it. We don't need blind faith. We are wired to discover our true nature. God is rooting us on. This is the greatest game in the universe. Will man discover his true nature? Ponder these words. They go against the grain. They are radical. So was the Christ when he was alive.

#### Hide And Seek

When I was young we loved to play hide and seek. We would play the game for hours. For eons, man has played this game with God. We search the four corners of the world. Where are you? We search near and far. We know something is missing in our life. We can't quite figure it out. Somehow we know we are something greater than what we know. The great masters have said seek God within you. This is life's greatest mysteries. He has always been hiding there waiting for you do discover him. Olly olly in come free. You can solve this puzzle.

## Hold On To Your Dreams

Hold on to your dreams. Never let them go. There are clouds in the sky covering the sun. All it takes is a slight wind to blow them away. Don't give up. You're only a few steps away. Hold on to your dreams.

## Homeward Bound

I'm going home to my beloved. I've been away far too long. I had incredible adventures yet it's time to start heading home. I can hardly wait to sleep on my bed with my beloved in my arms, Each day I'm getting closer. Home.

### Honesty

Are there different shades of being honest? Someone bakes you a cake. It took a lot of time and effort. You don't like the cake. What do you say? If you say the cake was awful you will hurt the person feelings. Yet you aren't truly honest. What is more important I didn't like the cake? Or I love this person. They did their best. A lot of love went into this cake. Personally, I would go with this one. Maybe I'm not 100% honest but I saved a friendship.

#### Hope

We need to reinstall hope back into our country. At times we have lost our ways. We have become divided not united. Our political system has gone astray. We have become polarize. I'm right and you're wrong. I'm going to heaven and you're going to hell. You are a commie. The hope we need lies in our heart. We need to be mature human beings. We act like spoiled children. I get my way or I will have a temper tantrum. Have you seen this in politics? This is the norm. In order to have hope, we must take responsibilities for ourselves. You know how to become mature? Your essence is made of it.

## How Does It Work?

How does it work creating a poem? You close your eyes. Sit still and listen. Words come from nowhere. It's like water coming on in a facet but you didn't turn the facet on. You could say you are channeling something that is part human and part divine. Your life experience is divine. At times you wonder did I write this poem. This poem you created is personnel. Many people will like it. Many people will hate it. It doesn't matter. You are expressing your true feelings. I know I don't know the proper rules of writing a poem. But I do know how to connect to love. Maybe that's all it takes. The proper rules of poetry can be broken when ones discover the love within.

#### How Would You Like To Be?

How would you like to be like an eagle soaring in the wind? How would you like to be like a dolphin dancing in the waves? How would you like to be a star sparkling at night? How would you like to be the universe in all its glory? How would you like to be the sun shining warmth to this world? This is the riddle of life. You are the sun, moon, and stars. Discover your true essence.

### I Am A Christian

I am a Christian yet I'm not a Christian. I am a Jew yet I'm not a Jew. I am a Hindu yet I'm not a Hindu. I am a Buddhist yet I am not a Buddhist. I am a Jain but I'm not a Jain. I am a Muslim yet I am not a Muslim. So who am I? I believe in the oneness of God. We are all talking about the same thing. Look within your heart to solve this riddle. The answers lie within.

## I Am Guided

I am guided. Help is always there. We are supported by the universe. They more you sense this and trust in this the more you open up. The world does not teach that you have internal coaches. They will not play the game for us. Yet they are experts in coaching. We truly have guides. Imagine a part of you is multi-dimensional. A part of you exists back home. Your guides are a part of you. They are there and you are there. Only your free choice is stopping you from discovering this truth. By using free choice and saying I want to be in contact with my guides. With your intent, you open up the doors. This is probably a brand new way of thinking. You are never alone. It just seems that way. Ponder these words.

### I Just Can't Believe It

I just can't believe it. What you are saying come out of a story book. Indeed that is true. For thousands of years, man has written stories about this incredible journey. These stories are about their journeys to find God within. It's not hocus pocus. You are the universe. You just don't know it. The truth lies inside of you. These poems are meant to wake you up from your slumber. We are not trying to convince you. We are telling our story. It may seem far-fetched. But science and religion are talking about the same thing. Ponder these words. Just think the universe exists inside of you.

## I Love Rainy Days

I love rainy days. Laying in bed with my lover. The sounds of rain, patter on the roof. We have a nice warm comforter. At times, both of us are reading our books. At times we are holding each other in our arms. At times we are talking to each other. The rain brings such security. The rain nurtures all. I'm totally relaxed. Not a care at all. This world is at rest. I'm in my lover's arms.

#### I Love The Magic

I love the magic of writing poems. You sit still and listen. After a few moments thoughts arise. When do they come from? It's like a constant flow of information. The information is alive. It comes deep within your being. It's like surfing. You become alive. The universe is happy. You are happy. I'm connecting to my true nature. Hopefully, the words will inspire you. We are family. We are all in this boat together. As a family we help each other out. We love to do that on this journey of life. We are one.

# I Love You

I love you. There is nothing else to say. Never put 'a but' at the end. I love you is unconditional. If you can truly say this and have no, buts then your love will bloom. Love is acceptance. By truly loving someone, this will dissolve most of our baggage. We need for each of us to be a foundation.

#### I Think Therefore I'm Confused

How many different sect and religions are out there? Many say believe in this and you will be saved. While others say if you believe in what they say you are doomed. Are we trapped by what we believe in? I think therefore I'm confused. Maybe everybody is talking about the same thing. Can we rely on religion? Maybe the answer lies inside. Is God a Christian, Hindu or Jain? Was Jesus a Catholic? Didn't all great teachers proclaim that God lies within? Maybe we need our own internal experience? Then we can see that everybody is talking about the same thing. Wouldn't that change the world? If A Person Is Fanatical He Can't See The Forest From The Trees

If a person is fanatical he can't see the forest from the trees.

### If I Can't See It With My Own Two Eyes

Many people say if I can't see it with my own two eyes I don't believe it. How sad? How can you see the infinite with your two eyes? Some of us are nearsighted and far-sighted. We can only see a few miles away. We are so linear. I can go from point A to Point B. For example, we went from the earth to the moon. Grand applause. Now God is not linear. It is beyond time and space. How can you comprehend this? Not with your two eyes or state of mind. The master has always said discover the truth within.

### If I Showed You A Map

If I showed you a map before Christopher Columbus it didn't have the Americas on it. A map is only good for its present time. The more we know about the world around us the map changes. For thousands of years, we carry an old map. Imagine the Americans aren't on it. How can we sail home when our map doesn't have our destination on it? Man is mapping out the universe. He has named billions of stars. Yet we haven't developed a new map of self-discovery. There is a map within. It is a map to God. Day by day you can sail your boat back home. The winds of love are supporting your sails. This is an incredible journey. You are sailing home.

If Our Mind Is Like A Computer How Do We Program Life?

If our mind is like a computer how do we program life?

### If We Could Only See

If we could only see like God you would have no enemies. People might call you an enemy yet all you see are friends. Christ did not judge his fellow man. Buddha did not either. They showed us a different way to live. They didn't try to convince us. Their state of being was divine. They were like the sun in the sky always shining. Even when there are clouds in the sky the sun is always shining. The great masters always were shining. They didn't have anything to prove. Their ego was not in their way. They came to help mankind. We had lost our ways.

#### In Ancient India

In ancient India comes this story. Two men a rich merchant and a thief. Both men decide to travel together. After each day they would share a room for the night. The merchant carried a precious diamond. Each night the thief would search all over the room to steal this diamond. This would occur every night on their journey. Final they reached their destination. The thief said to the merchant the following. I'm a grand thief. I have been looking every night to steal your diamond. Where did you hide it? The merchant replied. I hid it in the last place you would ever think. I place it under your pillow. Is this the same story for man? We look for God outside yet God is hidden within. We never looked at the most obvious. God lies in our heart.

# In Our Search For Life, We Make It So Complicated

In our search for life, we make it so complicated. We work our life away thinking that money will buy happiness. Empty trinkets of life. We are so busy that we neglect our very own children. And yet when we realize the fact time has slept away. Empty trinkets of life.

## In The Darkness Comes Forth The Seed Of Life

In the darkness comes forth the seed of life. Light eternal. Man's fights between good and evil. Silent is the night. Eternity lies in the eye of the beholder. The wise man speaks no words but speaks from his heart. He who know eternity will find his true self.

#### Infinite

The definition of infinite is the following. Limitless or endless in space, extent, or size; Impossible to measure or calculate. When I was young that would blow my mind. I couldn't even imagine such a thing. Now fast forward many moons and my life loves to ponder such things. I have learned that by going inside we can try to solve the mysteries of life. Your true nature is infinite. Isn't that amazing? Your true nature is kind. Can you imagine infinity is aware? It is love, compassion, kindness, patience, and tolerance. This is your true nature. You can discover this. It's hidden inside of you just waiting to be found. Iraq

We have been fighting in Iraq for many years. Imagine many Iraq's have been fighting along with us. They are sacrificing themselves and their families. Now our government is saying they aren't allowed into our lands. What a slap in the face? Do we have any common sense? The world is in an uproar. Our President doesn't care. He only follows his agenda, not congress.

## Is Freedom Just Another Word?

Is freedom just another word? Have we lost the meaning? What is freedom? Have we really achieved it? In the midst of our 9 to 5 existences, do we truly have freedom? How does one achieve freedom? Lincoln freed all slaves years ago, but are we truly free. Can man ever be free? Is it just a concept? True freedom lies inside. True freedom lies inside. True freedom is the goal of this life. Remember there is a lot more going on than meets the eyes.

## Is Life A Gamble?

Is life a gamble or a throw of the dice? Is there randomness that we all dealt different cards in our life? Does life have a purpose or meaning? For some people, life has no meaning. Life has no ethics or morals. For some life has a meaning and Life has a purpose. Truly life is an adventure. Just because you were given certain cards at birth, doesn't mean you're stuck with them. If you don't like what's going on in your life? Fold. Start a new game. Life will always give you more cards. You are in charge of your destination. People may try to stop you, but they can't take it from you. Don't gamble with your life. You are an automatic winner within.

#### Is Our Life On Remote Control?

Is our life on remote control? We are so driven and distracted by our devices. We can't live without our cell phones. People have died from texting. It is really worth that message you texted while you died so young. We have completely forgotten our true nature. Ok, so Facebook is cool. But living your life moment by moment is really cool. You are the universe. Yet your life is on remote control. What could be sadder? You can solve this puzzle.

#### Is There A Mission In Life?

Is there a mission in life? Are we out of the blue just placed here? Is there a meaning to this life? We are like a boat that has no rudder. We wonder around where the tides of change take us. We are lost and we think we are found. What a dilemma we are in. We think we are so smart. Yet we are running in circles. The great masters have pointed the way. They ever told you how to install a rudder. Open up your toolkit within. Install the rudder. You can sail to your destination now. You have a means to steer your boat. You are in control.

#### Is There A Plan?

Imagine the earth has been around for over a billion years. Yet man has been around for only a moment in time. Is there a master plan? Is there a reason why we are here? We have free choice. Does man like what he has created. Anger, war and poverty. I think the majority of mankind wants peace. We want harmony for all. We love our fellow man. Is life on earth a grand experiment? Are we as humans going to blow ourselves up? I don't think so. We will bring peace on earth. The answer lies within. We will surprise the universe. We can overcome our obstacles.

#### Is There Another Way?

Have you ever asked is there another way to live? Are we trapped in our nine to five existences? Cell phone in hand, driving down the freeway of life. Honking at your fellow man. Weaving in and out of traffic. I'm in a hurry. You're slowing me down. Waves of insults and slurs come to your mind. No wonder there is so much cancer in our land. Our body and mind are constantly on the go. Are you truly happy? There's got to be a better way to live. There is a way. Unfortunately, most people just go on day after day. They never question themselves. We own a nice house and an outrageous car. But does harmony or chaos exist !. We have time for pondering one day a week. We put in our five bucks for an offering but do we ever think. If Christ would come back would we do the same act as before? Years later we hoped that in the next go around we would learn from our mistakes. Are we so caught up in our daily routine that we miss out in the miracle of this life? Has the secret been shown to us and we threw the diamond on the ground? We say to ourselves a real diamond would never be given like that. In the end, we come and we go but do we truly know the beauty of this life.

Life is precious known why you are alive.

## It Takes Two To Tango

It takes two to tangle. The next time you are about to get angry remember the following. It takes two to tangle. You can diffuse your anger by seeing the molehill is not the mountain. What difference does it make? Do I really need to prove my point of view? There are always two sides of the story. The wise man always sees it takes two to tangle. If you give anger to a wise man he will not accept it. The anger will be redirected back to you. This is the true martial artist. The wise know it takes two to tangle.

#### It's Never Too Late

It's never too late to change your life. It's never too late to send your wife flowers. It's never too late to play with your kids. It's never too late to play with your kids. It's never too late to say you're sorry. It's never too late to spend time with your family. It's never too late to heal your relationships. It's never too late to heal your relationships. It's never too late to decide what's most important besides your job. It's never too late to relax. It's never too late to pray. It's never too late to help your fellow man. It's never too late to be happy. It's never too late to have compassion. It's never too late to live in peace.

### It's Not In Your Destiny To Suffer

It's not in your destiny to suffer You can make a conscious choice to turn your life around. Isn't it amazing how people have turned around their lives? They were sinking and yet they made it out safely. This is the human spirit. We are here to help one another. We are here to be your friend. We are not here to judge or condemn you. We are all on the same journey of life. The wisdom we have gained we are sharing with you. We hope you can learn from our mistakes. That's why we tell our story. Humanity is precious. We are known throughout the universe. Remember it's not in your destiny to suffer.

## Join The Party

You are cordially invited to the party of life. This party will blow your mind. Every day is a celebration. You must RSVP. Please remember to show up. You will have the time of your life. Your true father will be there. He wants to dance with you. A newborn baby has so much joy. A child loves this world. For him, this world is a playground. How curious is a child? Every moment a child is in delight. If he is sad it soon vanishes like the night. As we get older our joy silently sleeps away. During our twenties, thirties, and forties we ponder for the buck? But we have forgotten the sweetness of life. Realize that life is incredible. We are merely going through motions as if we are drunk. Life has so much to offer if we stop and listen. The rhythm of life is beating in our souls. Stop and listen. Your joy is there waiting for you.

Joy

## Key To Your Heart

You have a key to your heart. Only you can unlock it. You have searched your entire life for something that lies inside of you. Isn't that an irony? You don't learn that in school.

## Kindness

God's nature is kindness. God does not hurt us. He does not judge us. He does not condone us. God is kind. Think that over. God is kind. The next time you put your 5 bucks into the offering basket. Think God is kind. If you can master anything in your life. Master kindness. Your friends and family will love you for it. The world will rejoice in this.

## Kindness Is On My Mind

Hello, my friend. Please stay awhile. Kindness is on my mind. The whole world seems to be freaking out. Facebook is on fire. What is the solution to our problems? Simple. Be kind.

#### Know It All

Many people think that the person writing this is a know it all. How further from the truth that is? We are always growing and learning. There will never be a time where we can clap our hands and say yep I'm done learning. We are always learning. Even when we die the journey of learning will never end. This is a grand adventure. For eternity we are on this journey of knowing and discovering. This is the mystery of life. To go back to the know it all. We are all learning to deflate our egos. It took time to inflate them and it takes time to deflate them. We are not perfect. We stumble and fall. We are simply trying to give help on the way.

#### Let Go

If I would offer any advice I would say the following. Let go. Why are you holding on the past? Let go of your grudges. You are holding on to something that is drowning you. Is it worth it? Let go of your anger. Your body, mind, and soul don't like it. You are getting old way before its time. Let go of your worries. They don't help in any situation. Let go of your intolerance. You can't see clearly in that state. Let go of your prejudice. There is room for all in this world. Let go of all the junk you are carrying. That old jalopy is not worth a dime. We have forgotten our true nature. We love our junk because we don't know who we are. Ponder the meaning behind these words.

#### Let It Go

Are you tired of being angry? Let it go. Are you tired of struggling? Let it go. Are you tired of your lack of patience? Let it go. Are you tire of your intolerance? Let it go. Are you tired of your bottled emotions? Let it go. Are you tired of fighting? Let it go. Are you tired of blaming others? Let it go. You can let go of all of these things. Day by day weed your garden. You are the farmer. Nobody can pull the weeds for you.

#### Life Goes On.

Life goes on. It never waits for anyone. You were born and someday you will die. Yet life just continues along on its journey. You are a part of life. Yet at times we think we are alone. What is keeping you alive? What is that life force energy which is your soul? When your soul leaves your body you will no longer be around. Ponder the meanings of these words. You can solve this mystery.